

# CT Ratings

Choose the Itinerary That's Best Suited to You



Our goal is to provide the best possible travel experience for all participants of our groups. These ratings will hopefully assist potential travellers in selecting the most suitable tour or cruise, based on their physical capabilities and the overall travel experience that they can expect. Travel involves a great many factors, all of which can affect the enjoyment of the experience.

A major factor relates to the physical demands placed on participants. Other factors relate to transportation, accommodation, food, altitude, weather and other local conditions to be encountered. We have attempted to classify our trips based on a combination of these factors, providing a scale of one to five, rating them from easy to very challenging.

Our ratings do not cover optional excursions and visits which are not included in the basic product. On many of our journeys, where we want you to experience the local conditions more fully, members must travel with an open mind and an understanding spirit if they wish to enjoy themselves fully.

## Physical Capabilities

**Basic Criteria** - All travellers must be mobile, able to walk at a reasonable pace for five hundred metres and to negotiate stairs. Travellers must be able to handle their own hand luggage at all times and their checked luggage when required (e.g. customs). People with any kind of mobility problems or other physical limitations must discuss their travel plans with our staff.

The higher the level, the more challenging the trip!



### CT Rating 1 - Leisurely

A very straightforward journey available to all travellers who meet the basic criteria.



### CT Rating 2 - Moderately Easy

Slightly more physical requirements involving walks of up to one kilometre which may include uneven terrain. Walk and stop visits to scenic and historic sites will last up to 3 hours. Many of our tours, river cruises and ocean cruises with extended land programs will fall into this category.



### CT Ratings 3, 4 and 5 Ranging from Moderate to Extremely Challenging

These three levels are reserved for journeys that are more challenging. They include extensive land programs including longer walks (more challenging conditions like rough surfaces, steep inclines, uneven stairs) and more challenging travel environments (rough roads, long travel days, early starts, etc.).

Journeys will generally involve close encounters with local cultures, regional cuisine, best available accommodations (sometimes a little more basic) and travellers may encounter more extreme environmental conditions (temperatures, humidity, altitude).

Participants need to be in very good physical condition to fully appreciate these programs. All three levels require that travellers with any mobility issues discuss their plans with our staff.

These classifications are general in nature and passengers should appreciate that the ratings are relative to the individual traveller, their past travel experience and their current physical condition.