

Simply
MORE™



CANADA & NEW ENGLAND



OCEANIA • MS INSIGNIA

MONTREAL TO NEW YORK

OCT 6-17, 2024 • 12 DAYS • ALL MEALS

The rugged coastline of Portland, Maine

The crisp autumn air invites us to explore the rich waters of Atlantic Canada. This region has emerged as one of North America's most sought-after cruise destinations, offering travellers an abundance of natural splendour and Old World charm.

Step aboard Oceania's elegant ms *Insignia* and savour the pampered luxury. Spacious staterooms, gracious public rooms, attentive service, and exquisite cuisine create a blissful escape.

Come along on a journey through the sweeping landscapes and cosmopolitan cities of Eastern Canada and New England on a voyage of culture and discovery. From the grand dame of Montreal with her Baroque spires and contagious *joie de vivre* to the cobblestone streets of Quebec City, experience the Gallic heart of French Canada. Marvel at nature's majesty as you navigate the Saguenay fjords before being embraced by the rustic beauty of Nova Scotia's coast. Along the way, we will uncover the stories of communities shaped by an unwavering connection to the land and sea, where coal and codfish have been instrumental in shaping their destinies.

Discover a string of postcard-perfect villages adorning New England's windswept coastline, each exuding its own unique charm. Then, delve into Boston's rich history, the birthplace of the American Revolution, and admire the opulent mansions of Newport, reminiscent of the Gilded Age architecture that once defined this area.

Our epic voyage culminates in the legendary city of New York, where glass skyscrapers glisten with promises and endless possibilities. As we bid adieu to these enchanting ports of call, we will return home with a renewed perspective, our horizons expanded and enriched by the people and places that grace the periphery of the North Atlantic realm.



Fall in love with North America's autumnal landscapes. Courtesy of Oceania Cruises.

Inclusive Features

- 11-night cruise on the *ms Insignia*, based on sharing a twin-bedded stateroom in selected category
- All meals and entertainment on board
- Baggage handling shipside
- All gratuities for included shipboard services
- All cruise line taxes and fees



Shore Excursions are not included in your cruise cost, unless chosen with *simply MORE* (see back cover for offer details). Excursions will be available for purchase through the Oceania website or after embarkation.

Our Cruise Ship • Ms Insignia

In a dramatic re-inspiration process (2018), *Insignia* is now a completely transformed ship without peer. The surface of every suite and stateroom is entirely new. The public spaces are tastefully refreshed with a soft sea and sky colour palette of fabrics, designer furnishings and custom light fixtures that exquisitely showcase the inimitable style and comfort of Oceania Cruises. From the bejeweled new chandeliers in the gracious Grand Dining Room to the beckoning Reception Hall, *Insignia* invites you to celebrate a rejuvenation so sweeping, you will find it positively unimaginable to resist her welcoming embrace. Sleek and elegantly charming, *Insignia's* decks are resplendent in the finest teak, custom stone and tile work, and her lounges, suites and staterooms boast luxurious, neo-classical furnishings. *Insignia* offers every luxury you may expect on board one of our stylish ships. She features four unique, open-seating restaurants, the Aquamar Spa + Vitality Center, eight lounges and bars, a casino, and 342 lavish suites and luxurious staterooms, nearly 70% of which feature private verandas. With just 656 guests to pamper, our 400 professionally trained European staff ensure you will wait for nothing.



Cruise Itinerary

- OCT 6, Sun** **Arrive in Montreal, Quebec, Canada**
Embark / Sail 6:00pm
- OCT 7, Mon** **Quebec City, Quebec, Canada**
Arrive 8:00am / Sail 6:00pm
- OCT 8, Tue** **Saguenay, Quebec, Canada***
Arrive 7:00am / Sail 3:00pm
- OCT 9, Wed** **Cruising the Gulf of the St. Lawrence**
- OCT 10, Thu** **Corner Brook, Newfoundland, Canada**
Arrive 7:00am / Sail 3:00pm
- OCT 11, Fri** **Sydney, Nova Scotia, Canada***
Arrive 7:00am / Sail 4:00pm
- OCT 12, Sat** **Halifax, Nova Scotia, Canada**
Arrive 9:00am / Sail 5:00pm
- OCT 13, Sun** **Saint John, New Brunswick, Canada**
Arrive 10:00am / Sail 7:00pm
- OCT 14, Mon** **Portland, Maine, United States**
Arrive 8:00am / Sail 7:00pm
- OCT 15, Tues** **Boston, Massachusetts, United States**
Arrive 8:00am / Sail 7:00pm
- OCT 16, Wed** **Cruising the Cape Cod Canal**
Newport, Rhode Island, United States*
Arrive 8:00am / Sail 7:00pm
- OCT 17, Thu** **New York, New York, United States**
Disembark 8:00am

**Tenders to shore*

Note: port times are subject to change

Ports of Call

Montreal, Quebec, Canada: French-speaking, thoroughly romantic and exquisitely cultured, Montreal definitely warrants a pre- or post-cruise stay. The Old Port is a hub of entertainment, while the Museum of Fine Arts is revered for its collection of more than 30,000 objects. For a respite from the vibrant city, stroll the Montreal Botanical Garden.

Quebec City, Quebec, Canada: Surrounded by several miles of granite walls dating back hundreds of years, Quebec City's fabulous Old Town exudes European character, exemplified in the iconic Château Frontenac. Another architectural gem is the fascinating Musée de la Civilisation, a treasure trove of items recreating the French-speaking city's early days.

Saguenay, Quebec, Canada: Head to La Baie and tour the Musée du Fjord to admire the frescoes covering every nook and corner of barber and painter Arthur Villeneuve's home. Tour a goat farm or travel the Craftsman Road to see artisans in their element creating cheeses, glass-blowing and soap-making. Don't miss a hike through Saguenay National Park, which cradles the dramatic fjord that has enchanted travelers for centuries.

Corner Brook, Newfoundland, Canada: Take in the breathtaking view from the monument honouring Captain James Cook, the first to map the area in 1767. History awaits in the Corner Brook Museum and its marine artifacts, forestry exhibits and Aboriginal collections.

Sydney, Nova Scotia, Canada: Historic Sydney boasts several landmarks from the late 1700s, such as the colonial Cossit House and the Jost House, which features an unusual beehive bake-oven. St. Patrick's, the city's oldest Catholic church, doubles as a fascinating museum.



The iconic Château Frontenac in Old Quebec



Just a stone's throw away from Halifax, lies the picturesque Peggy's Cove



Nature's majesty on full display at the Bay of Fundy



Get lost in the winding streets of Old Quebec and discover hidden gems

Halifax, Nova Scotia, Canada: Founded by the British in 1749, Halifax still has a British military air about it. Every day at noon, a ceremonial gun is fired at the Halifax Citadel, a star-shaped fortress where the guides wear military uniforms. The exhibits have a more seafaring slant at the Maritime Museum of the Atlantic and include the nearly 100-year-old Acadia.

Saint John (Bay of Fundy), New Brunswick, Canada: Explore Canada's oldest continuing museum, the New Brunswick, where displays include the skeletal remains of a rare North Atlantic right whale. Saint John is also known for the bizarre Reversing Falls, a daily tidal phenomenon so severe it reverses the flow of the Saint John River. Birders will enjoy the serene Irving Nature Park.

Portland, Maine, United States: Take in the best views of this vibrant city from the Portland Observatory, America's only remaining historic maritime signal tower. The Portland Museum of Art, located in the thriving Arts District, boasts the works of Picasso, Monet, Renoir and many other masters. Have a picnic or just relax in the serene Eastern Promenade Park, with its majestic slopes extending down to the beautiful Casco Bay.

Boston, Massachusetts, United States: Boston's enormous role during the American Revolution is inescapable, and it's easy to trace by following the Freedom Trail, which links more than a dozen historic sights throughout town from the Paul Revere House to the Old North Church. But don't forgo exploring Boston's appealing modern side. For a 360-degree view of the city, head for the skywalk observatory on the 50th floor of the Prudential Tower. For art, browse the Museum of Fine Arts, which includes works from Van Gogh to Egyptian sculpture. If your interests lie in the natural world, wander through the New England Aquarium or Franklin Zoo.

Newport, United States: Famous for its Gilded Age mansions, many of which are open for tours, such as the Vanderbilt's opulent Marble House, Newport remains a charming, well-heeled resort city. For a different view of the mansions, take the scenic Cliff Walk. The rocky shoreline is also dotted with lighthouses, including the granite Castle Hill.

New York, United States: The Big Apple. The City That Never Sleeps. Call it what you may, New York reigns as one of the world's most dynamic cities. But where to begin? The sacred soil of Ground Zero or stunning Central Park? The Guggenheim or the American Museum of Natural History? Should you take in a Broadway show or simply enjoy the nonstop show of people that parade through the streets? The possibilities are endless in the five boroughs of New York City, so get out and enjoy.

CT Rating 1 - Leisurely: This cruise is suitable for all passengers who meet our basic criteria for group travel. Optional excursions are not covered by this rating and may involve considerable walking, sometimes over rough surfaces. Some ports of call require tenders to reach shore.

Wish to extend your journey? Why not extend your cruise with a few nights in either Montreal, New York, or both. Discuss your travel plans with us today.

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simply MORE™

With Oceania Cruises' *simply* MORE* offer, enjoy 2 for 1 Cruise Fares plus:

- FREE** US\$300 *simply* MORE shore credit
- FREE** Champagne, Wine, & More
- FREE** Gourmet Specialty Dining
- FREE** Unlimited Wi-Fi

*Amenities are per stateroom.
Terms and conditions apply, offer is subject to change.

Cruise Cost in Canadian Dollars Per Person

Category/Description/Deck	Sharing Twin
G Inside (Deck 4, 6, 7).....	\$6,365
F Inside (Deck 7,8).....	\$6,615
C2 Deluxe Outside (Deck 4)	\$7,165
C1 Deluxe Outside (Deck 4, 6, 7).....	\$7,365
B2 Veranda (Deck 6).....	\$9,865
B1 Veranda (Deck 6).....	\$10,065
A3 Concierge Veranda (Deck 7).....	\$10,315
A2 Concierge Veranda (Deck 6, 7).....	\$10,615
A1 Concierge Veranda (Deck 7, 8).....	\$10,865
PH3 Penthouse Suite (Deck 8)	\$13,765

The rates listed are per person based on sharing a twin-bedded cabin and all inclusive features. See deck plan for full category details. For single rates, please inquire about rates or visit our website.

Oceania Cruises' Airfare and Transfers

Please note that the prices above do not include airfare or transfers. Optional air travel can be arranged through Oceania Cruises at an additional cost, with pricing and schedules provided upon request. Airport transfers are available only when booking flights through Oceania Cruises.

Insurance and Additional Information

Prices are based on rates, taxes, and fees effective July 2024 and are subject to change due to factors beyond our control. Refer to inclusive features for details. Insurance is NOT INCLUDED but is highly recommended. Premiums are calculated based on the individual's age, destination (country), trip length, and trip booking window – please contact our staff to receive a quote. Your coverage starts on the effective date of your confirmation of coverage. Please discuss your insurance coverage prior to booking. Check our website for the most current information. Refer to the enrollment form for terms and conditions.

Final payment will be due May 2, 2024
Deposit is \$1,000 per person

To reserve your spot on this cruise, simply complete the enclosed enrollment form, indicating the cabin type you prefer and your home city, and forward it with your deposit to:



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